

From reflection to action: A canvas for change

How to use this workbook

This workbook is a space to reflect on what you've learned from the climate justice presentation and/or workshop and to turn ideas into action.

You can use it:

- **Individually** – Set aside 15-20 minutes to reflect on the questions and write down your thoughts. Consider using post-its, images, a digital whiteboard, or a large sheet of paper to make it visual and engaging.
- **With a team** – Host a short follow-up workshop of 30-45 minutes. Invite everyone to share what resonated most, explore new ideas together, and brainstorm actions. Keep it interactive - use sticky notes, digital whiteboards, or make collages to spark conversation.

We've provided a simple canvas to capture your ideas. Keep it fun and engaging: sketch ideas, vote on the most impactful action, or create a short "team pledge" to make commitments visible.

The aim is to connect the concepts from the presentation/workshop with your own role, team, and organisation, and to decide what actions you can take next.

Reflection and discussion questions

1. What resonated most?

- Which **ideas or stories** felt most relevant to your work?
- What examples **connected with your own experience** of climate justice?

2. What felt new or challenging?

- Were there **new ideas** you hadn't thought about before?
- Which areas do you want to **learn** more about?

3. Connecting for influence

- What's within your **circle of control** (actions you can take directly)?
- Who or what sits within your **circle of influence** (people and decisions you can shape, guide or influence)?
- What falls outside your direct control but is important to anticipate and plan for? (**circle of interest**)
- Who might I engage with? (**connections**)

4. Actions you will take

- What's one action you can take **now** to bring a justice lens into your work?
- What actions could your team take **together**?
- How will you share your learning or **inspire others**?
- What milestones or success measures indicate success?

Canvas for Change

REFLECTIONS	NEW IDEAS, NEW CHALLENGES	CONNECTING FOR INFLUENCE	AND ACTION!
Ideas and stories that resonated?	New Ideas	My Circles (Control/Influence/Interest, check wheel of privilege)	The Overall Goal
			Do now
Connecting my experience	Learning Opportunities	My Connections	Do Together
			Inspiring Others